

Wellness by Elmwood Spa & elmspa



MAKE USE OF YOUR HEALTH BENEFITS:

20% OFF Monday to Thursday

10% OFF Friday to Sunday

Insurance receipts are provided on services performed by RMTs and upon request.

SHARE THE WELLNESS:

Extend your special benefit to a Plus One!

Book together and enjoy a rejuvenating day side by side!



Elmwood Spa

18 Elm St, Toronto

**Water Therapies | Massages | Facials
Body Treatments | Beauty Treatments**

PERKS: All guests receive complimentary access to the Water Therapies (swimming pool, whirlpool & steam rooms) with any à la carte services over \$150.

elmspa

557 Church St, Toronto

**Infrared Sauna & Steam Room | Skincare
Aesthetics | Osteopathy | Wellness Treatments**

PERKS: Direct billing! Discover our insurance partners on our website. Enjoy a complimentary infrared sauna session with spa services valued at \$125 or more (25 min maximum).

USE PROMO CODE:

AFFINITY20

ON A LA CARTE SERVICES:
Monday to Thursday

USE PROMO CODE:

AFFINITY10

ON A LA CARTE SERVICES:
Friday to Sunday

Book Online: [Elmwood Spa](#) or [elmspa](#)

We've upgraded our online booking system, available at your convenience 24/7. Enjoy a simpler, more user-friendly booking experience - no account required. To confirm your appointment, credit card details are required, but your card won't be charged until after your visit. Eligibility for discounts will be determined on the day of your appointment. Please remember to bring your corporate or membership ID, or other valid proof of eligibility.

TERMS & CONDITIONS: 1. Guests will be responsible for booking their own appointments directly. 2. Policies for bookings, cancellation, check-in, and spa etiquette are outlined on the company's website and are subject to change without prior written notice. 3. Spa savings apply only on 'à la carte'; Cannot be used in conjunction with other programs, specials offers, group bookings (six persons & above) or packages. 4. 10% OFF on retail products in our boutiques. 5. Savings apply to the guests /employees and can be extended to PLUS ONE as long as book in and check-in together. 6. The offer is valid till December 31st, 2025 and may be modified at any time by giving company a minimum of thirty (30) days advance written notice.