

## Anti-Asian Racism Resource List

Anti-Asian Racism is racism that is directed towards people of Asian descent. This includes biases, prejudices, attitudes and beliefs, stereotyping, discrimination, and harassment.

Anti-Asian racism is not new, but it is on the rise across Canada. Harmful rhetoric around the COVID-19 pandemic has resulted in a significant increase in the number of reports of Anti-Asian harassment, discrimination, and violence. Experiencing Anti-Asian racism can be challenging and traumatic, and we encourage any individual who may be struggling to reach out for support.

Everyone has a role to play in challenging and interrupting Anti-Asian racism. See below for a list of resources to learn more about the roots of Anti-Asian racism, what it looks like today, and what you can do to end it. Also included are a list of community supports and supports available through George Brown College for people who have been impacted by Anti-Asian racism.

### Learn More: Anti-Asian Racism Resources

**Fight COVID Racism** is a website dedicated to tracking Anti-Asian racism during COVID-19. This website also includes multi-lingual resources and links to other important services.

<https://www.covidr racism.ca/>

**Project 1907** is a grassroots organization made up of Asian women that provides information about Anti-Asian racism during the COVID -19 Pandemic.

<https://www.project1907.org/>

**Addressing Anti-Asian Racism: A Resource for Educators** is a resource from The Elementary Teachers Federation of Ontario and the Toronto District School Board.

<https://www.tdsb.on.ca/Portals/0/docs/Addressing%20Anti-Asian%20Racism%20Resource%20Booklet%20final%20web%20Jan%202024.pdf>

**The Chinese Canadian Historical Society of BC** offers information on the history of Asian communities in Canada as well as resources to learn more about Anti-Asian racism.

<http://www.cchsbcc.ca/resources.html>

**Black Women Radicals** provides a reading list for Black and Asian-American Feminist Solidarities.

<https://www.blackwomenradicals.com/blog-feed/black-and-asian-feminist-solidarities-a-reading-list>

**hollaback!** provides online Bystander Intervention Training to stop Anti-Asian/American and Xenophobic harassment. Sign up on their website.

<https://www.ihollaback.org/bystanderintervention/>

**Chinese Canadian National Council – For Social Justice** educates, engages and advocates for equity and justice for all in Canada. They provide resource and are running several campaigns on stopping online hate and stopping the spread of racism.

<https://ccncsj.ca/>

### **Supports in the Community**

**Hong Fook Mental Health Association** offers mental health services to the Cambodian, Chinese (Cantonese and Mandarin), Korean, and Vietnamese communities in Ontario.

<https://hongfook.ca/>

416-493-4242

**Chinese and Southeast Asian Legal Clinic** offers free legal services to low income, non-English speaking clients from the Chinese, Vietnamese, Laotian, and Cambodian communities of Toronto.

<https://csalc.ca/>

416-971-9674

**Project Protech** offers online mental health, coping, and self care resources and strategies.

<https://projectprotech.ca/staying-healthy/>

### **Supports at George Brown College**

**The Office of Anti-Racism, Equity & Human Rights Services** is the place to report Anti-Asian racism at the college, and is the place to file a Human Rights Complaint. This team also provides support and referrals.

<https://www.georgebrown.ca/about/anti-racism-equity-and-human-rights-services>

[diversity@georgebrown.ca](mailto:diversity@georgebrown.ca)

**Student Counselling and Wellbeing** provides free and confidential counselling services to George Brown College Students.

<https://www.georgebrown.ca/current-students/services/counselling/accessing-counselling-at-gbc>

**Good2Talk** offers free and confidential support services to post-secondary students in Ontario.

<https://good2talk.ca/>

1-866-925-5454



**Real Campus** offers free and confidential counselling services to George Brown students.

<https://realcampus.ca/georgebrown/>

1-877-390-7325

**The Employee and Family Assistance Program** at George Brown is available to provide confidential support services to college employees.

[www.workhealthlife.com](http://www.workhealthlife.com)

1-844-880-9142