

Be an Upstander



**DIVERSITY, EQUITY, AND HUMAN RIGHTS SERVICES PRESENTS:**

**UPSTANDER TRAINING – FRIDAY AFTERNOONS!**

The purpose of **Upstander** Training is to develop a culture and a community of folks who look out for each other on campus.

The concept of **Upstander** comes from the idea of the bystander. The students who developed this training decided to use the term **Upstander** instead of bystander, because bystander can imply that a person is only observing and not acting; whereas an **Upstander** takes action.

During the workshop you will:

- Learn strategies for intervention.
- Differentiate between bystanders and **Upstanders**.
- Learn about and discuss consent culture.
- Discuss myths about sexual violence.

**This training is for all student-workers, student-volunteers, and students.**

To arrange a training session or to join an existing training session, or to let us know your accessibility needs, please email: [Heidi.Mehta@georgebrown.ca](mailto:Heidi.Mehta@georgebrown.ca)

COME LEARN AND  
CHAT WITH FELLOW  
GBC STUDENTS!

SEXUAL VIOLENCE  
PROVENTION AND  
INTERVENTION!

BYSTANDER VS.  
UPSTANDER

CONSENT CULTURE  
VS. RAPE CULTURE!

LET'S BREAKDOWN  
MYTHS AND  
STEREOTYPES  
TOGETHER!

Sexual Assault and Sexual  
Violence Policy and Protocol:  
[georgebrown.ca/diversity/](http://georgebrown.ca/diversity/)

