



I am a Confidant/ Supporter

What do I do if someone tells me (“discloses”) that they are experiencing discrimination or harassment?

Be Supportive. Make sure the person who has disclosed to you knows you believe them. Reassure them that they are not to blame for what has happened to them.

Respect Confidentiality. It’s important to respect the confidentiality of the person who has disclosed to you. It’s important to respect that it is their choice whether or not to disclose to anyone else.

Seek Support. Help the person who has disclosed to you to connect with a Human Rights Advisor who can connect them to supports and provide them with some possible next steps.

Take Care of Yourself. Receiving a disclosure and supporting someone who has experienced discrimination or harassment can be stressful. Make sure you are caring for your own needs and reach out if you need support yourself.

George Brown College supports members of our community who are facing discrimination or harassment.

A Human Rights Advisor can support individuals who are experiencing discrimination or harassment by helping them to connect with important services such as counselling, safety planning and academic or employment accommodations. Human Rights Advisors can also help individuals file a human rights complaint with the College.

Individuals do not have to make a formal complaint in order to access support.

The Office of Anti-Racism, Equity & Human Rights Services (OAREHRS) offers education and training to employees and students. The office offers consultations on anti-racism, equity & human rights issues across the college community. Our team also includes a Sexual Violence Response Advisor, who provides support and guidance for individuals who have experienced sexual violence. For more information, get in touch with us or [visit our website](#).

Contact Us:

Office of Anti-Racism, Equity & Human Rights Services (OAREHRS)

georgebrown.ca/diversity

St. James Campus: 200 King Street E., Rm 126

Casa Loma Campus: 160 Kendal Ave, Rm C221

Waterfront Campus: 51 Dockside Drive, Rm 230



Other George Brown College Resources

Public Safety & Security:
georgebrown.ca/publicsafety
416-415-4000 OR 0 from a Cisco phone

Counselling Services:
georgebrown.ca/current_students/counselling
416-415-5000
St. James ext. 2107
Waterfront ext. 5370
Casa Loma ext. 4585

External Resources

Human Rights Tribunal of Ontario Legal Support:
416-597-4900 or 1-866-625-5179

Emergency After Hours Distress Line:
416-408-4357
TTY: 416-408-0007

Post-Secondary Student Help Line (Good2Talk):
1-866-925-5454